

# Poetry and Healing

*"There is not a particle of life that does not bear poetry within it."*

*Gustave Flaubert*

During this workshop, participants will be encouraged to discover the "particle of life" that only their body...mind & spirit can intuit.

Poetry by Mary Oliver, Bertolt Brecht, Judy Sorum Brown & others will allow participants to initially respond "within." Upon reflection, participants may choose to share how poetry presents in their life. Kathy welcomes all seekers to experience poetry as an opportunity for healing, comfort and companionship.



Kathy McNamara is a native of Providence, RI and has enjoyed poetry since childhood. Kathy's professional background includes teaching and counseling with an M.A. in Education and an M.S. in Human Development, Counseling and Family Studies from the University of Rhode Island.

Most recently...she served as an Interfaith hospice and hospital chaplain. Kathy holds a M.A. in Christian Spirituality and a Certificate in Spiritual Direction & Retreats from Creighton University in Omaha, Nebraska.

**Where: Sacred Hearts Retreat/Spirituality Center**

**When: September 25, 2018 9:30AM-12:30PM**

**Cost: \$25.00**

**To register call 508-295-0100**

**Sacred Hearts Retreat/Spirituality Center**

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