

2018 Winter-Spring Monthly Mini-Retreat Series

Spirituality for Everyday Living



Sacred Hearts Retreat Center
226 Great Neck Road,
Wareham, MA 02571
508-295-0100

Time: Coffee 9:30 AM Retreat 10:00 AM to 12:30 PM **Cost:** \$25 **All** are welcome!



Facilitator: Peggy Patenaude, MA. Founder of “Taking Time Out”
Peggy has worked in education, pastoral ministry and spirituality for over 45 years. To learn more about Peggy and her programs, visit www.timeoutretreats.com.

Registration: In order to prepare seating and materials, please pre-register *at least* two days in advance by contacting Peggy at 508-548-9149 or timeoutretreats@comcast.net.

January 10: *Follow Your Bliss* (From “My Precious Life: The Dance Goes On” Women’s Retreat)

A new year can prompt us to dream, but dreaming alone is not enough to see change or create new ventures. We must believe and act. If we claim our power to co-create life with God, there’s virtually nothing we can’t do if we let joy be our compass.

February 14: *Ash Wednesday Retreat* (Time and Title TBA)

March 14: *God in Our Story* (From “A Time for Everything” Women’s Retreat)

Each of us has a story, a story that includes universal life experiences such as, love, rejection, fear, liberation, and mystery. Because our lives are woven with the Divine, we cannot be separate from God. If we pay attention and listen deeply we will find God in *our* story.

April 11: *Bloom Where You Are Planted* (From “Growing into Wholeness” Women’s Retreat)

It is the “stuff” of our very own lives that holds the potential for us to develop and grow from seed to blossom. Every bit of it can contribute to our becoming more beautiful and whole. As a farmer tends to his garden with patience and love, we too can grow into fullness if we do the same.

May 9: *Celebrating Women* (New)

Depending on the time in history, as well as the particular culture, women have traditionally been treated as less than equal to men. It has been a long slow process for women to claim who they really are - Daughters of the Great One. In May we remember our mothers who birthed us into this world. It is a fitting time to celebrate the life-giving qualities of *all* women, including those who never have had a child.